



EBAN

3D Collaborative™

Welcome

Learning Session 7



Overview of Morning

- Soul Food Junkie Trailer
- Team Presentations
- Stress Reduction
- Complementary and Alternative Meds
- Group discussion
- Healthy Modifications to Cooking
- Next steps and expectations



Final Learning Session

June 4, 2014

- Teams to present project results to Sponsors, Senior Leaders, Community Leaders and other interest parties
- If you could make one system change that would impact diabetes outcomes what would it be?



Final Session Schedule

- Posters will be set up in the hallway of Conference Center (2nd floor at HealthPartners Headquarters Building)
- Session will begin at 9:00 – meet in Lake of the Woods Conference Room
- 9:00-9:45 Breakfast, Evaluation & Team Photos
- 9:45 move to Superior Conference Room
- Team sponsors will introduce teams at 10:05
- Each team will designate a speaker(s) to deliver team results and recommendations for spread
- Each team presentation will be 15 minutes
- All team members will be invited to the front of the room at 11:30 for the graduation ceremony
- Collaborative ends at noon



Posters



Increase Number of Completed Advance Directives "My Health My Choice" HealthPartners Health Plan

Aim

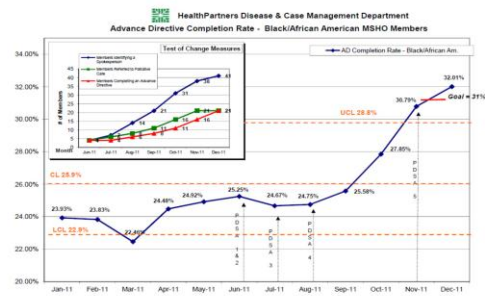
- We will **increase** the number of completed Advance Directives for African-American members who are engaged in the MSHO Care Coordination program...
- In **order** to reduce the disparity for African-Americans compared to the highest rate for a specific race in the MSHO CC population; which will...
- **Improve** the advance directive completion rate from 25% to 31% by December 31, 2011

Measure(s)

- The advance directive completion rate for African-American MSHO members
- The number of members included in the test of change:
 - Who identified spokesperson(s) that could convey their wishes
 - Who were referred for palliative care services for completion of an Advance Directive
 - Who completed an Advance Directive

Results

- Improved the rate of completed Advance Directives in the MSHO African-American population from 25% to 32% by year end
- Narrowed the disparity gap between Whites and African-Americans from 25% to 21%
- See attached chart illustrating improved completion rate and sub-measures used during PDSA cycles



Lessons Learned

- Intentional use of Quality Improvement techniques and tools provided structure for the team and instruction for the leaders
- Diverse team members provided significant insight and lots of encouragement
- Early success with a small, simple change generated motivation, courage and momentum
- Team members made an adaptive change in their approach to the conversation with members about Advance Directives
- Success was primarily achieved with English speaking members

If you had another year – What else would you work on?

- Improving the process for non-English speaking members, which includes the use of an interpreter in conducting the conversation and delivering the message



Soul Food Junkies Trailer

<http://www.youtube.com/watch?v=PoWjet81oAY&feature=share&list=PLQMKh4LBO6xPC01-fWnIf9zMMDqQAZ0NU&index=2>

A film by Byron Hurt

The full length video can be found on YouTube.

