









## CASE STUDY DISCUSSION DAY 1 EBAN 3D

### ADULT AND SENIORS CLINIC

**Instructions:** Identify a recorder, a timer, and a reporter for your group. Read the case study to the group and answer the discussion questions. You have 7 minutes per question. Your timer should keep you on track so you can answer all the questions. Your recorder should record the group's comments and answers for each question. The reporter will then be asked to report your answers to the bigger group.

**Case Description: African American female age 45**

She is from Chicago but lives here for the better benefits. Her family is in Chicago so she goes back and forth. She already has chronic kidney disease and retinopathy. She forgets to bring her insulin to Chicago. Her sister has had an amputation from diabetes. She has financial issues and availability of healthy foods is an issue. She also has very bad dentition, so it is hard for her to eat fresh vegetables.

#### Discussion Questions

1. Describe the medical perspective of this case. From the medical perspective, what interventions do you think this patient needs?
2. What, if any, additional information do you need from the patient to be able to better understand her perspective, wants and needs?
3. What barriers and/or cultural beliefs may be impacting her health?
4. How do you connect all the dots for this patient to come up with a shared, patient-centered plan?