

Hopes

Key words:

Improve, educate, support, self-management, increase awareness & knowledge, motivate, encourage

- Improve diabetes education through patient education, diet, exercise and awareness
- Create better tools for early intervention and education
- Learn how to live healthier
- Clinics better able to communicate across cultures
- De-stigmatize the disease and improve perceptions about people who have diabetes
- Create at least **ONE** thing that will improve the lives of people with diabetes
- Find a cure for the disease and possible solutions for prevention
- Build effective tools that will help HealthPartners and Park Nicollet patients

Community

Key words & phrases:

Work together, build relationships, stay engaged, and strengthen connections, partnerships

- Start group exercise classes at the clinics (classes for Somali patients at Cedar-Riverside area)
- Can become better informed about diabetes and the personal impact it has on lives
- Partner with community and healthcare system to improve delivery of service
- Learn more about the African American community
- Learn ways to be more effective in treating patients who are African American
- Improve community relationships
- Humility in listening
- Be innovative
- Easy to spread results that will make a difference in communities with greatest need
- Keep community partners engaged