



*EBAN 3D Collaborative*<sup>™</sup>  
**Defeating Diabetes Disparities**

Team Name: Midway

Date: December 4, 2013

# Aim

- Ultimate Goal: Develop effective approaches to partner with diabetic patients to bring to and maintain their diabetic measures to goal.
- Goal: Develop self management strategies for the Hines African American (AA) diabetics.
- Aim: Intervention with AA diabetics who come to clinic whether they are at goal with all measures or not.



# Plan-Do-Study-Act (PDSA) Cycles

**PDSA #4 – AA diabetics at goal or not at the time of clinic visit for all measures. Discussion about the measures and factors involved in preventing cardiovascular complications.**

Test Cycle 4	Start Date 11/20/2013	End Date 11/29/2013
<b>Plan</b>	Engage AA diabetics whether or not at goal for all DM measures through education and help with self management interventions.	
<b>Do</b>	Share team generated handout on self management choices patients to choose from that they will work on.	
<b>Study</b>	Out of potential 12 AA diabetics- 4-weight reduction goals 2- smoking cessation 4-no idea; needed more time to think on it 2-no shows	
<b>Act</b>	Shore up our resources that back up the handout, so that we partner with the patients' choices Keep track of goals and close follow up with nursing	



# Plan-Do-Study-Act (PDSA) Cycles

PDSA #4	
<b>Objective</b>	Engaging diabetics in partnering with medical team in their medical care and using existing resources to help in self management.
<b>Prediction</b>	30% of eligible patients would want to voice self management goals to improve their DM measures and lifestyle.
<b>Population</b>	African Americans



# Next PDSA Cycle

- Developing resources from the community that will help our patients, like access to support groups, exercise or cooking classes, etc.
- Resources for education in the clinic that is culturally relatable and easily adaptable for all diabetics.



# How have you integrated your community partners into your improvement work?

- Every member of our group has contributed in discussion, resource gathering and design of our project.
- Our community members bring reality to our work-many are diabetics.
- Many of our partners have gone to look at community programs that we can recommend to our patients.



# Success & Challenges

- Successes:
  - Continued interest and unity in our project
  - Development of our handout with good input from all members.
  - Learning from each other about approaches and barriers to execution of our project.
- Challenges:
  - Time to go and experience community programs.
  - Hines Team staying on top of project
  - Maximizing participation of members in person for meetings.

