

Team Name: Park Nicollet—Minneapolis Clinic

Date: 4/9/2014

Team Vision

- Goal:
 - To decrease diabetes disparities through collaborative clinic and community efforts that motivate and empower individuals to manage their health.
- Aim:
 - By the end of our EBAN project, we will have positively impacted the diabetes measures for our selected patient population.



PULL HANDLES UP
NOT OUT

YOUR FOOD FOR HEALTH PRESCRIPTION



Plan-Do-Study-Act (PDSA) Cycles

PDSA #6 – Food for Health Prescription Expansion

Objective	Use a current model of food banks within clinics rather re-inventing the wheel
Prediction	This input will help us model a food bank that would fit within the Minneapolis Clinic
Population	Minneapolis clinic resources.



Plan-Do-Study-Act (PDSA) Cycles

PDSA #6 – Food for Health Prescription Expansion

Test Cycle 1	Start Date	1/28/14	End Date	2/14/14
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Plan

1. Reach out to HCMC/Groveland Food Shelves to understand their operation and flow of their existing food bank program.



Plan-Do-Study-Act (PDSA) Cycles

PDSA #6 – Food for Health Prescription Expansion

Test Cycle 1	Start Date	1/28/14	End Date	2/14/14
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- Do**
1. We set up a meeting with HCMC and Groveland.
 2. Visited these sites to learn facility storage and process flow within the food shelves.



Plan-Do-Study-Act (PDSA) Cycles

PDSA #6 – Food for Health Prescription Expansion

Test Cycle 1	Start Date	1/28/14	End Date	2/14/14
Study	<ul style="list-style-type: none">• Compare and contrast HCMC's clinic resources along with the Groveland food shelf with our Minneapolis Clinic resources.• Evaluate alignment of clinic processes to see what items could be adopted			
Act	<ul style="list-style-type: none">• We are going to refine our clinic process of screening and distributing food to patients before expansion to a formal food shelf.• Plan to continue to provide patients a specific bag of food and related recipe.			



You Can't Be Healthy If You Are Hungry



JUMP INTO SPRING!



Plan-Do-Study-Act (PDSA) Cycles

PDSA –Jump into Spring	
Objective	Organize an event to pull our clinic and community together.
Prediction	We will have a” Jump Into Spring” event which will feature Healthy food, Promote ways to Exercise and Health Education.
Population	Our Eban diabetes patients and community.



Plan-Do-Study-Act (PDSA) Cycles

PDSA #7–Jump Into Spring!

Test Cycle 1	Start Date	4/1/14	End Date	5/17/14
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Plan

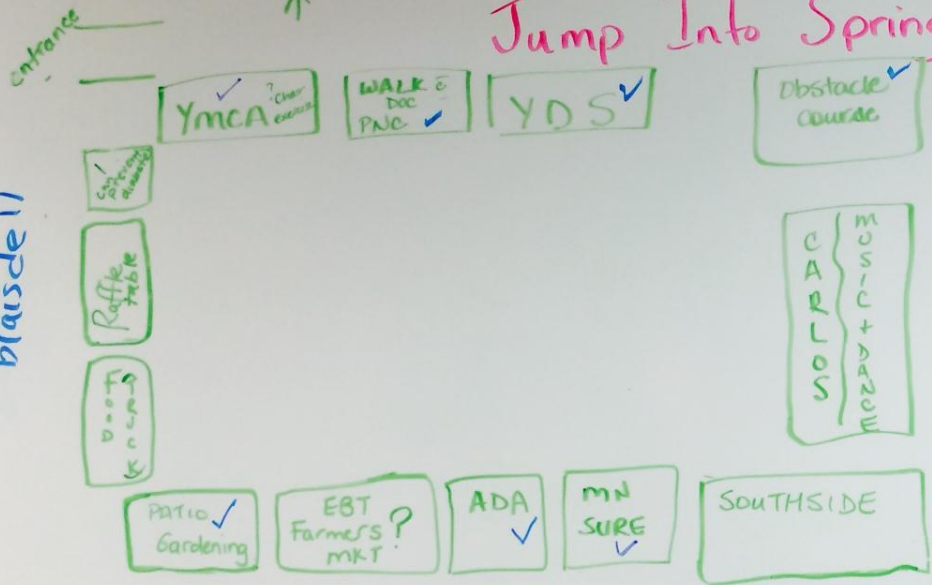
1. Have a clinic-based event that incorporates our team's community partners to reach patients in our community.



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PARKING
↑

Jump Into Spring



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Things To Secure

- ✓ Southside Screening Bus
- ✓ Doc's ben
- ✓ Ymca Leslie
- ✓ MN Sure clarence
- ✓ music melvin
- Farmers Market Lindsay
- Food (truck) paula e.
- Patio Gardener paula m.
- Advertising / Banner
- I can prevent dm Shirley
- AHA Shirley

Clarence
Shirlynn

Advertising

- 2 banners
- Small posters
- each org reach out to constituents
- handbills w/ frontdesk
- mail to eban
- Flyer neighborhood
- Quinn to reach out to marketing

Saturday May 17th 9-12

Plan-Do-Study-Act (PDSA) Cycles

PDSA #7 –Jump Into Spring!

Test Cycle 1	Start Date	4/1/14	End Date	5/17/14
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|-----------|---|
| Do | <ol style="list-style-type: none">1. Work closely with our community partners who have experience in event planning and community out reach.2. Identify community organizations that could fit into our Jump Into Spring Event.3. Reach out to external vendors and organizations to participate and obtain supplies4. Work with compliance. |
|-----------|---|



Plan-Do-Study-Act (PDSA) Cycles

PDSA #6 –Jump into Spring

Test Cycle 1	Start Date	4/1/14	End Date	5/17/14
Study	<ul style="list-style-type: none">• Number of event participants• General observation at event.• Survey vendors of event satisfaction and how they would change the event if we did this on a yearly basis.			
Act	<ul style="list-style-type: none">• In progress			



Jump Into Spring

Partners

- Youth Determined to Succeed
- Southside Community Health Services
- American Diabetes Association
- American Heart Association
- MN Sure Navigator
- Farmers Market
- Park Nicollet

Events

- Health Screening
- Obstacle course
- Aerobic exercise
- Chair Exercise
- Walk with a Doc
- Patio Gardening
- Healthy Cooking Demonstrations
- Raffles and Give Aways

Success & Challenges

- Excited about the prospective of learning from our neighbors to increase food access to patients in need
- Leveraging clinic resources to efficiently execute projects
- Continuing to learn more from team members and their roles in our community

