



EBAN 3D Collaborative™
Defeating Diabetes Disparities

Team Name: Riverside

Date: October 9, 3013

Aim

- Ultimate Goal : to increase optimally controlled Somali diabetic patients at the Riverside Clinic by 5%.
- Goal: All 5 measures
- Aim: Achieve by 4/2012



Plan-Do-Study-Act (PDSA) Cycles

PDSA #1 -				
Test Cycle 1	Start Date		End Date	
	Plan	Form a 5-10 person Somali Womans group classes 6 weeks apart by Dec 15, 2013		
	Do	Form a personalized plan for each depending on their test results on day one and day two educate and test again for results		
	Study	Determine if education and personalization affects changes in behavior to reach goals		
	Act	Use information/results gathered to spread to other Somali patients within the clinic		



Plan-Do-Study-Act (PDSA) Cycles

PDSA #1	
Objective	Prove education/understanding and personalization of a plan affects goals
Prediction	Patients will have a greater understanding of why it is important and follow their personalized plan to succeed in improvement
Population	Somali woman outside of goal in at least one measure



Next PDSA Cycle

- Create invitations
- Inform staff of group to invite while patients are in the clinic
- Create test of change document
- Create evaluation sheets



How have you integrated your community partners into your improvement work?

- They have been a big help in creating our other Aim which has been to develop our questionnaire. We needed their expert opinions on not only what to ask but how to ask so that it will be well received.



Success & Challenges

- Challenged by meeting dates/times.
- Successes include creation of questionnaire, ideas for new tests of change
- Insight into the Somali culture as a whole to allow for more specific goals and plans

